The Effects of Theatre Artistic Activities on learning Life skills in Adolescence in Bushehr

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Abstract

The purpose of this study is to evaluate the effectiveness of theater training on learning life skills in adolescence in Bushehr.

Due to the nature of the research study was a pilot or experimental. Samples were 40 young people who visited art and culture complex and selected between all.

20 patients in experimental group and 20 patients are in the control group. Next, the two Groups using Soran life skills, pre- test was given. The group, for the eight group sessions was trained for theater art.

Finally, the two groups Peg Test Performed Meanwhile, at the end of training, both in terms of the relative attitude questionnaire developed by the researchers to Learn were performed.

The findings showed: an analysis and comparison of information obtained pretest - post-test training Theater, Life Skills subscales increases analysis skills test Soran life, the survey results indicated that self-learning skills, empathy and effective communication, critical thinking, problem solving and relationships between groups was not significant, but the results of research, education, theater the decision-making skills, taking charge of, self-esteem, management, stress management, these skills will enhance effective .

Keywords: : Theatre - Life Skills - teens - play a role